

Subject	Year	Track	Unique Reference (Sequential)	Learning Outcome	Category/Subject Focus (Where Applicable)
Home Economics	7	3	1	I can apply dietary guidelines to support a balanced diet.	Food, Nutrition & Health
Home Economics	7	3	2	I can interpret the local food guide (Healthy Plate).	Food, Nutrition & Health
Home Economics	7	3	3	I can plan healthy food options.	Food, Nutrition & Health
Home Economics	7	3	4	I can identify the main equipment in the food lab and care for it correctly.	Sustainable Resource Management
Home Economics	7	3	5	I can practise different types of skills in food preparation.	Practical Interventions
Home Economics	7	3	6	I can demonstrate safe and hygienic practices during the preparation, cooking, and storage of food.	Practical Interventions
Home Economics	7	3	7	I can evaluate work to improve the process and outcome.	Practical Interventions