

## **BROAD LEARNING OUTCOMES**

### **Year 8**

1. I can talk about the importance of expressing different emotions and how to deal them effectively.
2. I can talk about study skills, habits and my preferred ways of learning, where to get accurate and reliable information to make informed choices.
3. I can define and identify values that are important to me and to others around me and know that my values effect my behaviour and attitude towards life (e.g. accepting difference in people of different cultures and life patterns, online behaviour, responsibility in sexual relationships and contributing to a sustainable environment).
4. I can recognise how bullying due to prejudice and discrimination effects persons of different cultures, gender, sexualities, disability and age.
5. I can distinguish between legal and illegal substances and have some understanding of their effects and their associated risks (e.g. volatile substances, marijuana, e-cigarettes and others).
6. I can identify how the media can influence the perceptions of how a person should look like and behave (e.g. body image, poor self-esteem, anorexia, and bulimia).
7. I can identify the changes taking place during puberty and how these effect the emotional and psychological well-being of the person.
8. I can analyse the process of conception and pregnancy.