

PSCD	
Year 4	Level 5
	Subject Focus: Intrapersonal and Interpersonal awareness
1	I can assertively describe things I am good at and can express positive qualities about myself
2	I can recognize my weaknesses and how to cope with them
3	I can contribute and agree on a set of rules for the group
4	I can mention things that can be done when someone breaks the ground rules of the group
5	I can show the importance of respect by listening to what other students have to say
6	I can work collaboratively in the group
7	I can recognise and respond appropriately to a wider range of feelings in myself and others
8	I understand and express how my feelings and reactions can change depending upon what is happening within and around me.
9	I recognize ways in which my own choices and behaviour affect others
10	I recognize that caring, sharing, fairness and love are important in building positive relationships and friendships
11	I can communicate an opinion as to why bullying is unacceptable and hurtful
12	I can list different strategies of how to resolve disputes and conflicts and where to seek help if needed
13	I can describe similarities and differences between people e.g. gender, appearance, abilities, families, cultural backgrounds
14	I value basic human rights shared by all peoples and all societies and that children have their own special rights set out in the United Nations Declaration of the Rights of the Child
15	I can work with the other students to commemorate important dates (e.g. Remembrance Day)
16	I can list what one can do to help immigrants and be good citizens
17	I can list reasons why people go to live in another country
18	I can help the school through participating in the school council or through volunteering
	Subject Focus: Career Exploration and Planning
1	I can talk about the different jobs and careers carried out by people in my family
2	I can make a list of the skills needed for one job or career of one of my family member
3	I can discuss stereotypical and non- stereotypical roles within the family
4	I can list the different occupations within the community I live in
5	I can discuss about how different occupations are important to the community I live in
6	I can make a list of the things I can do to contribute to my community
7	I can talk about health and safety issues in various occupations.
	Subject Focus: Health, Safety and Well Being
1	I can list the choices I make that affect my health and well being (For example, food, activities)
2	I can explain why and how I need to take more responsibility for my own physical health and personal hygiene

3	I can identify what might influence me in the choices I make in relation to my health and well being
4	I can discuss and reflect on how technology and social media has changed our life
5	I can talk about the positive and the negative aspects of the internet
6	I can talk about the negative aspects of excessive use of a tablet/computer or game console use.
7	I can discuss and reflect on how quickly a photo could travel easily on the net and why not all photos should be shared online
8	I can describe how animals and plants develop as they grow
9	I recognize that I have the right to protect my body from inappropriate and unwanted contact
10	I can talk about how my life has changed as I grew older
11	I recognize the importance of the Global Goals for Sustainable development, in particular "Gender Equality", "Clean Water and Sanitation", "Affordable and clean Energy" and "Decent work and Economic Growth"
12	I can talk about the rights of animals and the responsibilities of pet owners.
13	I can work on my own or with other students to carry out one sustainable action in school, at home or in the community
14	I can identify those medicinals which should only be taken by a doctor's prescription (such as antibiotics).
15	I can list strategies for keeping physically and emotionally safe e.g. sea safety