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| Level 5 |  |
| Year 3  | <b>Subject Focus: Intrapersonal and Interpersonal awareness</b>  |
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| 1       | I can confidently introduce myself to others   |
| 2       | I can recognize why rules are important in the class, the school and the group   |
| 3       | I can contribute to developing a set of rules for the group  |
| 4       | I can express my opinions and explain my views on things that matter to me   |
| 5       | I can listen to the other students and work cooperatively with them  |
| 6       | I can name and express my feelings   |
| 7       | I can explain who are my special people (family, friends, carers), and why they are special  |
| 8       | I can list the advantages of having friends  |
| 9       | I can explain that there is a difference between accidental and purposeful hurting   |
| 10      | I can recognise different types of teasing and bullying  |
| 11      | I can explain why bullying is wrong and unacceptable   |
| 12      | I can list the different strategies I can use if I experience or witness bullying  |
| 13      | I can list whom to go to and how to get help when something is worrying or annoying me, including when one should use the number 179 |
| 14      | I can say what I have in common with my classmates and what makes us all different and special                                       |
| 15      | I can list the commonalities between different people coming from different backgrounds (cultural, religious etc.)                   |
| 16      | I can complete a task given to me by the teacher to commemorate important dates (e.g. World Children's Day or Holocaust Day)         |
| 17      | I can list the rights and responsibilities of children.(to include awareness of Commissioner for Children)                           |
| 18      | I can participate in the preparation for student councils  |
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|         | <b>Subject Focus: Career Exploration and Planning</b>  |
| 1       | I can name the different occupations within my family  |
| 2       | I can name the different occupations in the school   |
| 3       | I can talk about the importance of one job/career for the community  |
| 4       | I can discuss and challenge what girls and boys are expected to do   |
| 5       | I can talk positively about what I would like to do  |
| 6       | I can make a list of things of how I could contribute at home  |
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|         | <b>Subject Focus: Health, Safety and Well Being</b>  |
| 1       | I can show others what I do to keep myself physically healthy  |
| 2       | I can explain the need for personal hygiene e.g. getting washed and brushing teeth   |
| 3       | I can describe different sort of risks at home, at school and outside  |
| 4       | I can recognize the influence that different types of communication can have on our daily life                                       |
| 5       | I can recognize and make safe choices based on right and wrong, good or bad e.g. road safety, sea safety and internet safety         |
| 6       | I can recognize ways in which my choices and behaviours affect me and others both online and offline                                 |
| 7       | I can explain the three golden rules of the internet   |
| 8       | I can show how I can hurt others online and offline  |
| 9       | I can identify the good use of media (such as education, games...)   |

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| 10 | I can talk about how all living things grow and change by time   |
| 11 | I value the importance of sustainable Development and the Global goals “No Poverty”, “Zero Hunger”, “Good health and well-being” and “Quality Education” |
| 12 | I can list how I can take care of the animals around us  |
| 13 | I can show that I know how to use medicinals appropriately   |
| 14 | I can explain how I can keep myself safe and healthy during the summer holidays  |