

Syllabus	Unit	Year	LO	Link	Topic
SEC UNIT 1/ SEAC UNIT 1					
SEAC	1	9	LO3	<a href="https://www.foodafactoflife.org.uk/14-16-years/cooking/videos/#sauce">https://www.foodafactoflife.org.uk/14-16-years/cooking/videos/#sauce</a>	Making white sauce and tomato sauce
SEC/ SEAC	2/1	10/ 9	LO4/ LO3	<a href="https://www.foodafactoflife.org.uk/14-16-years/food-commodities/">https://www.foodafactoflife.org.uk/14-16-years/food-commodities/</a>	Food Commodities including meat, cereals, potatoes and dairy.
SEC	1	9	LO1	<a href="https://www.travelandleisure.com/attractions/museums-galleries/museums-with-virtual-tours?fbclid=IwAR1ZZncjwe2khWaFQh1uaN11mD7QdcudQWbGuKy141daXjGMFiSzGe3zJkg">https://www.travelandleisure.com/attractions/museums-galleries/museums-with-virtual-tours?fbclid=IwAR1ZZncjwe2khWaFQh1uaN11mD7QdcudQWbGuKy141daXjGMFiSzGe3zJkg</a>	Niche tourism
SEC	1	9	LO4	<a href="https://www.napofilm.net/mt/learning-with-napo/napo-for-teachers/napos-best-signs-safety-danger-prohibition-signs">https://www.napofilm.net/mt/learning-with-napo/napo-for-teachers/napos-best-signs-safety-danger-prohibition-signs</a>	Safety signs
SEAC	1	9	LO4	<a href="https://www.napofilm.net/mt/learning-with-napo/napo-for-teachers/be-body-wise-napo-back">https://www.napofilm.net/mt/learning-with-napo/napo-for-teachers/be-body-wise-napo-back</a>	Proper handling and lifting techniques.
SEC	1	9	LO4	<a href="https://www.napofilm.net/mt/learning-with-napo/napo-for-teachers/napos-hazard-hunter-identification-risks-and-hazards">https://www.napofilm.net/mt/learning-with-napo/napo-for-teachers/napos-hazard-hunter-identification-risks-and-hazards</a>	Risks and Hazards
SEC	1	9	LO4	<a href="https://www.napofilm.net/mt/learning-with-napo/napo-for-teachers/napo-s-hazard-hunter-intervention-and-prevention">https://www.napofilm.net/mt/learning-with-napo/napo-for-teachers/napo-s-hazard-hunter-intervention-and-prevention</a>	Introduction to risk assessment
SEC	1	9	LO4	<a href="https://oiraproject.eu/mt/what-risk-assessment">https://oiraproject.eu/mt/what-risk-assessment</a>	What is risk assessment?
SEC/ SEAC	1	9	LO3/ LO1	<a href="http://trainedfortourism.org.mt/">http://trainedfortourism.org.mt/</a>	Job Roles
SEC	1	9	LO3	<a href="https://www.youtube.com/watch?v=9nBgcoZBuiQ">https://www.youtube.com/watch?v=9nBgcoZBuiQ</a>	Personal Attributes (Job Skills)
SEC	1	9	LO4	<a href="https://www.youtube.com/watch?v=KXFrU-vrwTY">https://www.youtube.com/watch?v=KXFrU-vrwTY</a>	Hazards
SEC	1	9	LO4	<a href="https://www.youtube.com/watch?v=1p4LtlLFtUQ">https://www.youtube.com/watch?v=1p4LtlLFtUQ</a>	Safety Signs

SEC	1	9	LO4	<a href="https://www.youtube.com/watch?v=NxO5LvqqZe0">https://www.youtube.com/watch?v=NxO5LvqqZe0</a>	How to treat severe bleeding
SEC	1	9	LO4	<a href="https://www.youtube.com/watch?v=2v8vIXgGXwE">https://www.youtube.com/watch?v=2v8vIXgGXwE</a>	How to treat a fracture of fracture types
SEC	1	9	LO4	<a href="https://www.youtube.com/watch?v=EaJmzB8YgS0">https://www.youtube.com/watch?v=EaJmzB8YgS0</a>	How to treat burns and scalds
SEC	1	9	LO4	<a href="https://www.youtube.com/watch?v=PA9hpOnvtCk">https://www.youtube.com/watch?v=PA9hpOnvtCk</a>	What to do when someone is choking
SEC UNIT 2/ SEAC UNIT 1					
SEC	2	10	LO3, 4, 5	<a href="https://www.foodaactoflife.org.uk/14-16-years/cooking/videos/">https://www.foodaactoflife.org.uk/14-16-years/cooking/videos/</a>	Various cooking links
SEC	2	10	LO5	<a href="https://www.bbcgoodfood.com/recipes/collection/quick-dessert">https://www.bbcgoodfood.com/recipes/collection/quick-dessert</a>	Recipes for desserts
SEC	2	10	LO4	<a href="https://www.youtube.com/watch?v=6YBmc4A0jok">https://www.youtube.com/watch?v=6YBmc4A0jok</a>	Mise en Place
SEC	2	10	LO4	<a href="https://www.youtube.com/watch?v=r2tul8uyzA8">https://www.youtube.com/watch?v=r2tul8uyzA8</a>	Basic food plating techniques
SEC	2	10	LO4	<a href="https://www.youtube.com/watch?v=10zarkHqXRo&amp;t=1s">https://www.youtube.com/watch?v=10zarkHqXRo&amp;t=1s</a>	Adding height: How to make spaghetti and meatballs muffin bites:
SEC	2	10	LO4	<a href="https://www.youtube.com/watch?v=A8t9aVF-dZY&amp;t=1s">https://www.youtube.com/watch?v=A8t9aVF-dZY&amp;t=1s</a>	Eight simple plating techniques of sauces
SEC	2	10	LO5	<a href="https://www.youtube.com/watch?v=Dcqk74DP-sw">https://www.youtube.com/watch?v=Dcqk74DP-sw</a>	How to make puff pastry
SEC	2	10	LO5	<a href="https://www.youtube.com/watch?v=6XQY4KDIo24">https://www.youtube.com/watch?v=6XQY4KDIo24</a>	How to make rough puff pastry
SEC	2	10	LO5	<a href="https://www.youtube.com/watch?v=3_Pp9fwLkBY">https://www.youtube.com/watch?v=3_Pp9fwLkBY</a>	Puff pastry four ways

SEC	2	10	LO5	<a href="https://www.youtube.com/watch?v=QcAW9aj4lqY">https://www.youtube.com/watch?v=QcAW9aj4lqY</a>	How to use filo pastry
SEC	2	10	LO5	<a href="https://www.youtube.com/watch?v=xCSKLOuthU8">https://www.youtube.com/watch?v=xCSKLOuthU8</a>	Profiteroles:
SEC	2	10	LO5	<a href="https://www.youtube.com/watch?v=Y4fPCW9Q-pE">https://www.youtube.com/watch?v=Y4fPCW9Q-pE</a>	Apple and cranberry crumble
SEC	2	10	LO5	<a href="https://www.youtube.com/watch?v=ZQM5cxLczy0">https://www.youtube.com/watch?v=ZQM5cxLczy0</a>	Rubbing-in Method
SEC	2	10	LO5	<a href="https://www.youtube.com/watch?v=N0vEnAyZYnw">https://www.youtube.com/watch?v=N0vEnAyZYnw</a>	Blueberry scones recipe
SEC	2	10	LO 5	<a href="https://www.youtube.com/watch?v=CXWaiMC3tuE">https://www.youtube.com/watch?v=CXWaiMC3tuE</a>	Classic Victoria Sandwich cake
SEC UNIT 3					
SEC	3	11	LO3	<a href="https://www.bighospitality.co.uk/Article/2017/09/29/Six-ways-to-serve-coffee-in-your-restaurant">https://www.bighospitality.co.uk/Article/2017/09/29/Six-ways-to-serve-coffee-in-your-restaurant</a>	Preparing and serving coffee
SEC	3	11	LO3	<a href="https://www.youtube.com/watch?v=gvPetTPFsZM">https://www.youtube.com/watch?v=gvPetTPFsZM</a>	Making cappuccino
SEC	3	11	LO3	<a href="https://www.youtube.com/watch?v=vFcS080VYQ0">https://www.youtube.com/watch?v=vFcS080VYQ0</a>	The basics of coffee
SEC	3	11	LO3	<a href="https://www.youtube.com/watch?v=LaLvVc1sS20">https://www.youtube.com/watch?v=LaLvVc1sS20</a>	History of tea
SEC	3	11	LO4	<a href="https://setupmyhotel.com/train-my-hotel-staff/front-office-training/96-room-type-definitions-in-hotels.html">https://setupmyhotel.com/train-my-hotel-staff/front-office-training/96-room-type-definitions-in-hotels.html</a>	Types of hotel rooms
SEC	3	11	LO4	<a href="https://www.hotelcluster.com/blog/handle-hotel-guest-complaints/">https://www.hotelcluster.com/blog/handle-hotel-guest-complaints/</a>	Dealing with complaints at hotels
SEC	3	11	LO4	<a href="https://www.youtube.com/watch?v=baCQpnxZxQQ">https://www.youtube.com/watch?v=baCQpnxZxQQ</a>	Handling guests' complaints