ENGLISH

stay-at-home

RESOURCE PACK

FOR

YEAR 5 AND YEAR 6

English is FUN! ©
LISTENING TASK

Task 1

Nicky and Ben, who are both 15 years old, work in a radio programme. During a weekly programme they get to meet and interview famous people. Listen to them as they interview Alex, who plays with the Chelsea youth team.

PROCEDURE

a) First the children read the questions.
b) The text is heard for the first time. (The children may start writing if they wish to.)
c) The questions are read out and children answer them.
d) Text is heard for the second time.
e) The questions are read out again and children answer any unanswered questions.
f) Final revision of answers by children.

---

Nicky: Ben – would you like to be a footballer?
Ben: As a job?
Nicky: Yes, a professional footballer.
Ben: Wow, yes. The money, the fans, meeting all those famous people – and it’s fun too. The problem is … I’m not very good.
Nicky: Well this month we meet someone who is good. His name’s Alex Waring, he’s 17 years old, and he’s a professional footballer for Chelsea football club. Listen to Alex talking about his daily routine.
Alex: Hi. My name’s Alex Waring. It’s quarter to eight and it’s … eerrgh … time to get up. It’s half past eight now, and after a shower, I’m awake! I’m having my breakfast – some cereal and two pieces of toast with a banana. Oh … and a BIG cup of tea! It’s quarter past nine now and I’m on the Underground. I’m learning to drive, but for now I take the tube. It’s 40 minutes, so I can relax, and listen to a little music … nice! We have to get to training at quarter to ten, ready to start at ten. If we’re late, we have to pay thirty pounds! Now we’re playing games to practise different parts of our game. There’s lots of running. I’m hungry and I’m already thinking about lunch! It’s 12 o’clock – lunchtime! We always have pasta or rice for energy, with chicken or fish. Yum! It’s one o’clock. My legs are tired today, so I’m having a massage and doing a little swimming, then at half past three, it’s home on the train. It’s half past five and I’m at home in the kitchen with my mum and my girlfriend. Today we’re having spaghetti with tomato sauce, and vegetables! Is it ready yet, mum? It’s 11 o’clock, and it’s time for bed. Typical evening today – my two best friends from the team usually come to my house and we play Pro Evolution Soccer on the PlayStation. Or sometimes I have a driving lesson. Anyway – that’s enough for today. Goodnight!
A) Alex is a professional footballer. He is only 17 and is not yet in the first team. You are going to hear about his day. Put these sentences in order.

1. I’m swimming.  ____  6. I’m going to bed.  ____  
2. I’m having breakfast.  ____  7. I’m having a shower.  ____  
3. I’m training.  ____  8. I’m on the underground.  ____  
4. I’m getting up.  ____  9. I’m listening to music.  ____  
5. I’m having spaghetti.  ____  10. I’m having lunch.  ____

B) Answer the questions

1. What time does he get up? __________________
2. What does he eat for breakfast? ________________
3. How long is his journey to work? ________________
4. What time does he have to get to training? ________________
5. What happens if he is late? ________________
6. What time do they have lunch? ________________
7. Why do they have pasta or rice for lunch? ________________
8. Why is he having a massage? ________________
9. How does he spend his evenings? ________________
10. What time does he go to bed? ________________

C) Compare your day to Alex’s day. Tick (✓) the boxes in the table.

<table>
<thead>
<tr>
<th>Who…</th>
<th>Alex</th>
<th>Me</th>
</tr>
</thead>
<tbody>
<tr>
<td>a) gets up later?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>b) eats more for breakfast?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>c) eats lunch earlier?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>d) gets more exercise?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>e) takes longer to get home?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>f) goes to bed earlier?</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
**Answers:**

A) 1. h 2. c 3. f 4. a 5. i 6. j 7. b 8. d 9. e 10. g

B) 1. 7.45am 2. He has cereal, two pieces of toast, a banana and a big cup of tea. 3. It’s 40 minutes. 4. He has to get there at 9.45. 5. He has to pay £30. 6. They have lunch at 12 o’clock. 7. They give them energy. 8. Because his legs are tired. 9. He plays on the PlayStation with his friends or has a driving lesson. 10. He goes to bed at 11 o’clock.

**Task 2**

- Demonstrate silently, or show the learners a short film clip of someone making a paper helicopter (for example at www.youtube.com/watch?v=ujc-kdeKDFQ&feature=relmfu).
- Ask: *Could you make a paper helicopter? Could you tell someone else how to make one?*
- Play the film clip or do the demonstration again, this time giving oral instructions:
  - Take a piece of origami paper and fold it in half along the long side and then fold it again.
  - Open it out and cut along one of the fold lines, giving you a strip.
  - Fold the strip in half lengthways and then again so the two short edges meet.
  - Open out the strip and cut along one of the long fold lines.
  - Fold the other end of the strip in half lengthways, then open it out and fold a point at the end.
  - Fold the points over again to make a longer point.
  - Fan out the other end by curling the strips over your finger.
  - Drop from a height and watch it spin!
- Distribute pieces of paper and scissors and let the learners practise making their own paper helicopters before having a go at creating their own demonstration with commentary.
- When they’ve practised their demonstration, film the learners’ instructions. Encourage them to introduce their demonstration, for example: ‘Today I am going to show you how to make a paper helicopter.’
HOW TO MAKE A PAPER HELICOPTER

Use this table to help you collect your ideas.

<table>
<thead>
<tr>
<th>You will need:</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
</tr>
<tr>
<td>2</td>
</tr>
<tr>
<td>3</td>
</tr>
<tr>
<td>4</td>
</tr>
<tr>
<td>5</td>
</tr>
<tr>
<td>6</td>
</tr>
<tr>
<td>7</td>
</tr>
<tr>
<td>8</td>
</tr>
</tbody>
</table>

Use these words to help you start your sentences:
fold  cut  then  next  curl  open  drop
Reading Tasks

**Rocket Balloon**

Make a balloon that flies like a rocket

You will need:
- piece of string
- balloon
- 2 chairs
- drinking straw
- tape
- scissors

1. Tie one end of the string to the back of the chair.

2. Thread the straw onto the string and tie the other end of the string to the other chair.

3. Attach the pieces of tape to the straw as shown.

4. Inflate the balloon, hold the opening and attach it to the straw with the tape.

5. Pull the balloon to one end of the string and let go. What happens?

The balloon starts to move as soon as you let go.

Air is forced out of the balloon in one direction.

The balloon moves in the opposite direction to the airflow.

### Action and reaction

To make something move one way, a force has to work in the opposite direction – this is known as "action and reaction". The air inside the inflated balloon is pushing in all directions. When you let go of the balloon, air rushes out the hole, creating a pushing force in the opposite direction. This makes the balloon move.

### Rockets

Real rockets work in a similar way to your rocket balloon. A rocket engine works by exploding fuel inside a chamber that is open at the bottom. The force of the exploding fuel coming out of the rocket creates an opposite force that pushes the rocket up and on into space.
1. What items do you need to make a rocket balloon? Tick all that apply.
   - A stool    
   - A straw    
   - A piece of string 
   - A rocket   
   - A balloon  

2. Look at steps 1 to 5. Find and copy one word that tells us that we need to blow up the balloon.
   

3. Number these instructions 1 to 5 in the order they occur in the text.
   - Let go of the balloon.
   - Collect all the equipment that you need.
   - Blow up the balloon.
   - Tie the string onto a chair.
   - The balloon starts to move.

4. Once you have followed instructions 1 to 5, what happens to the balloon when you let it go?

5. Tick the picture that shows the correct movement of the balloon and air.
   ![Diagram of balloon movement]

6. What phrase from the text is used to describe the movement of an object when a force is working in the opposite direction?

7. Why is there a section about rockets in these instructions?

8. What do you think would happen if you used a bigger balloon for this experiment? Explain your answer using evidence from the text.
**Answers:**

1. A straw; a piece of string; a balloon.
2. "inflate"
3. Let go of the balloon: 4
   Collect all the equipment that you need: 1
   Blow up the balloon: 3
   Tie the string onto a chair: 2
   The balloon starts to move: 5
4. The balloon starts to move.
5. The second picture should be ticked.
6. “Action and reaction”.
7. Rockets work in a similar way to this rocket balloon.
8. The balloon might travel faster like a rocket shown in the text. Credit should be given to children who suggest that the movement will be different (e.g. slower) and that a rocket is a different size and travels at a different speed to the balloon.

**WRITING**

For templates and guidelines, please refer to the Writing Resource Pack attached or via this link:

SHORT WRITING TASKS

Writing a note

Your uncle Ned calls to speak to your father who is out. He wants to tell him about a great website with live sports updates. Grab a pen and write a note to your father to tell him who called, when he called and why.

Writing a set of instructions

Your friend Zoe is bored at home. Write down a set of instructions on how to play your favourite game for Zoe to play. Use this table to help you collect your ideas.

<table>
<thead>
<tr>
<th>Title:</th>
<th>How to play __________________________</th>
</tr>
</thead>
<tbody>
<tr>
<td>How many people?</td>
<td>You will need:</td>
</tr>
<tr>
<td>What equipment?</td>
<td></td>
</tr>
<tr>
<td>How much space?</td>
<td></td>
</tr>
<tr>
<td>What to do?</td>
<td></td>
</tr>
<tr>
<td>Safety Warning</td>
<td></td>
</tr>
</tbody>
</table>
Writing an informal email

Your cousin Max lives in Rome. He has been very unwell. Write him an email to check how he is and to suggest types of games he can play at home to keep himself busy.

LONG WRITING TASKS

Writing a story

You want to take part in a writing competition. The winner will win a set of new books. Write the story of when you took part in the School’s Sports Day. Write the short story.

Writing an article

The headmaster wants you to write an article for the school’s magazine. In this article you have to explain to other students how they can stay healthy and how to avoid getting sick.
SPEAKING TASKS

The Interlocutor says: “Look at this picture. Then we are going to talk about it.” The Interlocutor allows the student around 5 seconds to look at the picture. The Interlocutor starts asking the questions.

- Tell me what you can see in the picture.
- Can you describe one of the children?
- How old do you think he / she is? How can you tell?
- Where do you think he / she is? How can you tell?
- What do you think happened just before the picture was taken?
- What do you think happened just after the picture was taken?
- What was the first thing that you noticed when you saw this picture?
- When do you think this picture was taken? At what time of the day?
- Who do you think took this photo?
- You could put this picture in a photo album. What else could you do with this picture?
- What do you like about this picture? Why?
- How would you feel if you were one of the children in the picture?
LITERATURE TASKS

THE MAN WHO INVENTED FOOTBALL

The man who invented football,
He must have been dead clever,
He hadn’t even a football shirt
Or any clothes whatever.

The man who invented soccer,
He hadn’t even a ball
Or boots, but only his horny feet
And a bison’s skull, that’s all.

The man who invented football,
To whom our hats we doff,
Had only the sun for a yellow card
And death to send him off.

The cave-mouth was the goal-mouth,
The wind was the referee,
When the man who did it did it
In 30,000 BC!

1. What is the title of the poem? __________________________

2. Who is the poet? __________________________

3. What is the poem about?

__________________________________________________________________________________________

4. The poet is (disappointed, amazed, angry) because

__________________________________________________________________________________________
5. The man who invented football used
   a) a bison’s skull for a ______________________
   b) the sun for a ______________________
   c) the cave-mouth for a ______________________
   d) the wind for ______________________

6. Find pairs of rhyming words. Colour each pair of rhyming words a different colour.

7. How many stanzas are there? ________________

8. Circle the part in the poem which you enjoyed reading the most. Why is it your favourite part?

   _______________________________________________________

9. How does the poem make you feel? ____________________________

   Why? __________________________________________________

10. Does it remind you of anything?

   _______________________________________________________

**Answers:**
1. The Man who Invented Football  
2. Kit Wright  
3. It is about the first man who invented football.  
4. amazed ... because when the first man invented football he did not have clothes, a ball, boots, a yellow card, a goal or a referee.  
5. a) a ball  
   b) yellow card  
   c) a goal-mouth  
   d) a referee  
6. clever-whatever, ball-all, doof-off, referee-BC  
7. 4 stanzas
EXTRA ACTIVITIES

Sports Crossword

Name: ____________________________ Date: ____________________________

ACROSS
2. Stick, puck.
9. Short board with 4 wheels.
10. Acrobatics, tumbling.
13. Bike, helmet.
15. Rackets, greenball, net.
16. Clubs, ball, greens, 18 holes.

DOWN
1. Long, wide board attached to feet, snow.
3. Ball, bat, teams of 11, not baseball.
4. Team of 6, high net, spiking, serving.
5. Ring, gloves, mouthguard.
6. Two long boards, snow.
7. 10 foot high hoop.
8. Swimming, biking, and running back to back.
11. Use only your feet.
12. Scrum, knock on, oval ball.

HOCKEY  SNOWBOARDING  TENNIS  CYCLING
SOCCER  SKIING  BASKETBALL  BOXING
CRICKET  GYMNASTICS  RUGBY  VOLLEYBALL
BASEBALL  GOLF  TRIATHALON  SKATEBOARDING

Free Printable Crossword www.AllFreePrintable.com
Draw some monsters at their exercise class.
Draw your favourite pet.

Some pets show their feelings more than others.

- wag
- wag
- woof

sad  not very well  thoughtful  happy
Draw an animal you’d like to be your friend.
If you could be an animal, which one would you like to be?

Squawk!
Sports Word Search

DIRECTIONS: Circle the names of the different sports from the word list in the letter grid below. To find them all you will have to look in every direction, including backwards and diagonally. Good luck!

G W G H O E Z D O R H W A X I B W B V R C
O D N O W K E A T T C I S U R F I N G S G
P G D S R D R X E R G H G Q A Z O H O F E
V N R X G P I N I X Y F E T H Z B F L D R
W I J V X L N C I W A H R G L T O F M R
V L O D K I K B H N X L G Y Y B G V O B O
X T G S E Z Q W N E N M V A O R Z O A J
V S N P T W X J E T I N L L S A U N T S H
G E I S A U J I Q T A I L Q P O G M B K T
L R C G A I B C F S O X U F S W B Q A E L
P W N K L V S I T M F A N O R S Y T L T M
R B E S A I L I N G S D O S C Q H L L B L
B Q F F F T C V B H H V T W S O D U J A A
F A L U H S E B B L I C N I O C Z Z G L C
J F S G N I V I D W X T I M C I U M N L R
Y O I E I Q L X K X Y G V M M C S E Y I C O
I E Z S B G N I K S Y D I E O I X X I S
W B E N O A L U M R O F A N R O L M O A S
O M U S X S L R G J P B G E M R O B A E
N N B S Q H L L A B Y E L L O V R Z P D W

Archery  Fencing  Lacrosse  Sumo
Athletics  Football  Polo  Surfing
Badminton  Formula One  Rugby  Swimming
Baseball  Golf  Sailing  Taekwondo
Basketball  Gymnastics  Skiing  Tennis
Boxing  Handball  Soccer  Volleyball
Cricket  Hockey  Softball  Weightlifting
Diving  Judo  Squash  Wrestling
### Vocabulary

Can you match these words to the descriptions?

<table>
<thead>
<tr>
<th>tennis ✓</th>
<th>football</th>
<th>golf</th>
<th>darts</th>
</tr>
</thead>
<tbody>
<tr>
<td>snooker</td>
<td>cricket</td>
<td>boxing</td>
<td>cycling</td>
</tr>
</tbody>
</table>

The first word has been done for you.

<table>
<thead>
<tr>
<th></th>
<th>Description</th>
<th>Answer</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>a game played by two to four people, using balls and racquets</td>
<td>tennis ✓</td>
</tr>
<tr>
<td>2</td>
<td>an outdoor game played by hitting balls with long thin clubs, usually on grass</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>an indoor game played by hitting balls with a cue, on a table covered with green fabric</td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>a fighting game played in a ring, by people wearing padded gloves</td>
<td></td>
</tr>
<tr>
<td>5</td>
<td>a very popular game of two halves played by 2 teams of eleven players on a pitch</td>
<td></td>
</tr>
<tr>
<td>6</td>
<td>a sport that involves riding bicycles at great speed</td>
<td></td>
</tr>
<tr>
<td>7</td>
<td>an indoor game where you throw sharp pointed objects at a target</td>
<td></td>
</tr>
<tr>
<td>8</td>
<td>an outdoor game played on grass between two teams, using balls, bats and wickets</td>
<td></td>
</tr>
</tbody>
</table>

READING for Pleasure

Don’t forget to read for at least 20 minutes a day. Some free eBooks are available on the Literacy Pro App on your tablet or by clicking here: https://www.oxfordowl.co.uk/for-home/find-a-book/library-page/?view=image&query&type=book&age_group&level&level_select&book_type&series&fbclid=1wAR0bkEPpBVu8O0fsr1z1XAIB5TQyaGAuZ4RXEUbo1msDSa91ih-yio0K-l8

If you want someone to read to you, you can always go online and choose a story which tickles your fancy:
https://www.storylineonline.net/

Teachers and Parents, for more resources, you can visit http://taleinmalta.wixsite.com/elrc/resources

or the official curriculum website:

or the Digital Resources tab:

Enjoy your time indoors. Before you know it, you’ll be out and about appreciating the things that perhaps we all took for granted. Take good care of yourself and of your loved ones and remember, stay safe.

Hugs,

Pam, Mary Jude and Urieth
The English Department (2020)