LEARNING OUTCOMES

1.1a I can recall what care and self-care are.
1.1b I can identify different self-care acts for my spirit, mind, body, and heart.
1.1c I can explain the importance of self-care and its effects on my physical, mental and emotional well-being.
1.1d I can illustrate the importance of balance in my life.
1.2a I can talk about my friends.
1.2b I can identify good qualities in a friend.
1.2c I can explain how friends take care of each other.
1.2d I can show ways how I care for my friends.
1.3a I can name the basic needs of animals.
1.3b I can define the term 'stray animals'.
1.3c I can explain that animals are dependent on their owners to take care of their needs.
1.3d I can identify ways of caring for pets.
1.3e I can identify ways of caring for stray animals.
LEARNING OUTCOMES

2.1a I can recall what helpfulness and self-help are.
2.1b I can identify times when I need help.
2.1c I can ask for help in appropriate ways.
2.1d I can understand that asking for help is perfectly okay.
2.2a I can identify helpfulness as one of the good qualities of a being a good friend.
2.2b I can practise ways of helping my friends.
2.2c I understand the importance of being helped and helping others in a friendship, and can explain why it is important.
2.2d I can communicate my needs and feelings and respond to those of my friends.
2.2e I understand that there are times when friends can refuse my help and want to be alone.
2.3a I can understand that I share the environment with many other animals.
2.3b I can identify some of these animals.
2.3c I can identify ways how to help and/or protect wild animals.
2.3d I can appreciate the ways in which humans have a responsibility towards all animals.
BRAVERY
BEING BRAVE, TELLING THE TRUTH & LEARNING FROM MISTAKES

ETHICS

LEARNING OUTCOMES

3.1a I can recall what bravery is.
3.1b I can understand that sometimes it takes courage to come to school.
3.1c I can practise courage when faced with difficulties at school.
3.1d I can choose to be courageous even when I am worried or afraid.
3.1e I can understand how I feel when I face a problem without courage, and the different feeling I have when I face the same problem with courage.
3.2a I can understand that sometimes it takes courage to tell the truth.
3.2b I can understand that admitting to mistakes I made takes courage.
3.2c I can analyse different situations.
3.3a I can understand that we learn from our mistakes.
3.3b I can demonstrate that making mistakes is part of learning.
3.3c I can understand that learning from mistakes is part of a growth mindset.
**LEARNING OUTCOMES**

4.1a I can recall what kindness is.
4.1b I can explain what a positive attitude is.
4.1c I can determine whether a choice reflects a positive attitude or a negative attitude.
4.1d I can evaluate a situation and determine how to maintain a positive attitude.
4.1e I can explain that having a positive attitude is a way of being kind to myself.
4.2a I can recognise my own feelings, which helps me understand the feelings of other people.
4.2b I can explain empathy and kindness.
4.2c I can discuss the relationship between empathy and kindness.
4.2d I can practise a variety of kind words and actions.
4.3a I can understand that animals, like humans, are sentient beings and need to be shown kindness.
4.3b I can explain what service dogs are and the different types of service dogs.
4.3c I can identify and practise ways of being kind to service dogs.
4.3d I can understand that keeping boundaries is another way of being kind to service dogs.
FAIRNESS
FAIRNESS AT HOME, AT PLAY & AROUND THE WORLD

ETHICS

LEARNING OUTCOMES

5.1a I can recall what fairness is.
5.1b I can list a number of responsibilities that I have at home.
5.1c I can explain that it is my responsibility to help with tasks at home.
5.1d I can explain that different family members have different responsibilities.
5.1e I can give reasons why it is fair to share the different responsibilities we have at home.
5.2a I can explain that cheating is wrong and unfair on others.
5.2b I can understand how cheating hurts the others and oneself.
5.2c I can analyse different situations and decide if it is fair or a cheating one.
5.3a I can recall what the basic human needs are.
5.3b I can recall that children living in poverty do not always have food, clothing and a safe home. This is an unfair situation.
5.3c I can define poverty.
5.3d I can reflect how poverty might look different in different parts of the world.
5.3e I can identify ways to help decrease poverty.
LEARNING OUTCOMES

6.1a I can recall what patience is.
6.1b I can understand what self-control is.
6.1c I can understand that self-control requires other virtues including patience.
6.1d I can identify ways to practise self-control.
6.1e I can differentiate between good and poor self-control behaviours.
6.2a I can practise different ways of being patient.
6.2b I can understand patience through nature.
6.2c I can appreciate that some things in nature require time and patience.
6.3a I can use different strategies to deal with different real-life situations with patience.
6.3b I can understand that being calm and patient help to overcome obstacles in life.
6.3c I can explain that some things take time, and fussing or complaining about it will not help.
FRIENDLINESSE
FRIENDS & FRIENDSHIP

ETHICS

YEAR 2
TERM 2

LEARNING OUTCOMES

7.1a I can recall what friendliness is.
7.1b I can introduce myself and others.
7.1c I can state what to say to someone new to find out more about them and make new friends.
7.1d I can identify and apply different skills to make new friends.
7.1e I can think of good questions to ask someone I would like to make friends with.
7.1f I can explain the good feeling one experiences when someone is friendly towards me.
7.2a I can understand that you need to get to know a person well to become friends, and this sometimes takes time.
7.2b I can explain what makes a good friend.
7.2c I can state what a good friend would do in different situations.
7.2d I can explain how to show respect, kindness, and compassion to friends.
7.2e I can understand that sometimes friends make mistakes and forgiveness is important to manage a friendship.
7.3a I can identify the good qualities in my friend.
7.3b I can describe different things I can do with my friend.
7.3c I can explain why it is important to have friends in my life.
8.1a I can retell what respect is.
8.1b I can describe how my helpful actions at home can show my respect for the people I live with.
8.1c I can explain how respectful actions show that I value and appreciate family members.
8.2a I can give examples of several ways I can show respect at school.
8.2b I can identify consequences that can occur when I do not show respect at school.
8.2c I can explain that rules are set to respect ourselves, other people, things or the environment.
8.2d I can identify ways to overcome barriers to show respect.
8.3a I can list the conditions that wild animals need to survive.
8.3b I can distinguish between harmful and helpful human behaviours towards wild animals.
8.3c I can explain some ways to treat wild animals with respect.
9.1a I can review the virtue of forgiveness.
9.1b I can understand that forgiving someone helps to change my negative feelings into positive ones.
9.1c I can argue that forgiveness does not require putting myself in a position where I can be hurt repeatedly.
9.1d I can argue that forgiveness doesn’t obligate me to reconcile with the person who harmed me.
9.2a I can define what conflict is.
9.2b I can help others use forgiveness to resolve conflict.
9.2c I can use several skills of forgiveness, such as being a good listener, being neutral and offering a solution.
9.3a I can review what conflict is.
9.3b I can define conflict resolution as resolving a disagreement.
9.3c I can discuss the role of forgiveness in resolving conflict.
10.1a I can review what gratitude is.
10.1b I can identify the different people I am thankful for and explain why.
10.1c I can write or articulate a message of gratitude to someone.
10.1d I can explain the importance of gratitude.
10.2a I can trace the journey of common items from their origin and think about who provided them and how they get there.
10.2b I can explain that I am grateful to all the persons involved in the process of edible and non-edible items.
10.3a I can think of all things I am grateful for.
10.3b I can explain what meditation is.
10.3c I can practice gratitude through mindful meditation.
10.3d I can practise gratitude through other forms.
LEARNING OUTCOMES

11.1a I can review what honesty is.
11.1b I can distinguish between honest and dishonest situations.
11.1c I can define honesty as telling and acting truthfully but also as not hiding the truth.
11.1d I can explain the importance of honesty in our society.
11.2a I can explain the difference between telling and tattling by giving examples.
11.2b I can explain how tattling negatively impacts the relationship with my friends.
11.2c I can explain when I should inform adults in order to prevent harm.
11.3a I can understand that cheating is wrong and dishonest.
11.3b I can detect situations of cheating and other dishonest behaviours.
11.3c I can understand that cheating (or copying) does not help me grow and develop.