

1. ASSESSMENTS

Students will complete all 3 assessment components.

Component 1: Year 7 Term 1

Component 2: Year 7 Term 2

Component 3: Year 7 Term 3

Component 4: Year 8 Term 1

Component 5: Year 8 Term 2

Component 6: Year 8 Term 3 – Devising Piece All Disciplines

Assessments: 70% practical, 30% theory

Component 1	Component 2	Component 3
Ballet	Modern Theatre	Musical Theatre
Component 4	Component 5	Component 6
Tap	Spanish	Devising Piece

2. Subject content and Learning Outcomes

Component 1	Component 2	Component 3
<p>Physical skills and attributes:</p> <p>I am able to hold a correct posture when standing first and second position.</p> <p>I am able to stay on balance on 2 legs on a rise by having the correct weight placement of my body.</p> <p>I can demonstrate proper alignment of my body parts when performing steps and/or movement.</p> <p>I have a basic understanding of co-ordination when dancing.</p> <p>I am capable of performing movements which require physical strength.</p> <p>I have enough stamina to</p>	<p>Physical skills and attributes:</p> <p>I am able to learn all the dance movements and show them separately.</p>	<p>Physical skills and attributes:</p> <p>I am beginning to have body and spatial awareness to be able to sustain posture and alignment whilst performing exercises.</p> <p>I can retain and execute a taught choreography.</p> <p>I am beginning to show freedom and expression in my movements.</p> <p>I am developing an awareness of self-individual and/or group Performances.</p>

<p>perform the physical exercises required at this level.</p> <p>I have a clear understanding of turn-out.</p>		
<p>Technical skills:</p> <p>I am able to perform some barre exercises which includes:</p> <ul style="list-style-type: none"> - pliés; - tendues; - degages; - rond de jomb; - grand battements; - a basic adage. <p>In the Centre, I am capable of doing:</p> <ul style="list-style-type: none"> - basic port de bras; - tendues and dagages; - developes; - single pirouettes en dehors. <p>For allegro, I can perform:</p> <ul style="list-style-type: none"> - soutes in first, second and fifth; - petit jetes; - assemble over; - gallops; - temps leve 	<p>Technical skills:</p> <p>I am able to perform:</p> <ul style="list-style-type: none"> - Warm-up including: bouncing, stretching, travelling, change of levels , various rhythms - Tendus/Glisses in parallel - Floor exercises: including abdominal exercises, leg stretching, kicks (front and side). - Clap a given rhythm and reproduce it in a simple sequence - Dance Movements: <p>Turns: outwards pirouettes in parallel</p> <p>Kicks: forward/ back and side:</p> <p>Isolations: hip, shoulder, head, arms, hands, feet</p> <p>Leaps and travelling movements: forward leaps, triple runs.</p>	<p>Technical skills:</p> <p>I have a basic sense of musicality.</p> <p>I am able to perform varied and basic musical theatre sequences in a group, based on well-known musical productions.</p>
<p>Knowledge:</p> <p>I have a basic knowledge of the French technical terms of all the steps learnt so far.</p> <p>I have a basic understanding of the structure of a ballet class.</p> <p>I am aware of the different time signatures required to perform various steps, for example a ¾ for a Waltz, a 2/4 for a Sautes exercise and a 4/4 for a March.</p>	<p>Knowledge:</p> <p>I am able to create a basic isolation sequence</p> <p>I am able to perform a given basic routine in a group</p>	<p>Knowledge – Practical/Written Assignment:</p> <p>I can demonstrate and appreciate the choreographic style of one or more choreographer.</p> <p>I understand how the choreography fits into and enhances the staging respective musicals.</p> <p>I can watch a musical theatre choreography.</p>

<p>Assignments (Pick one of the following):</p> <p>Choose a ballet dancer of your choice and write about him/her.</p> <p>Choose a ballet of your choice and explain the story.</p> <p>Choose a ballet company of your choice and write about it.</p>	<p>Assignments (Pick one of the following):</p> <p>Choose a modern dancer of your choice and write about him/her.</p> <p>Choose a modern piece of your choice and explain the story.</p> <p>Choose a modern company of your choice and write about it.</p>	<p>Assignments (Pick one of the following):</p> <p>Choose a musical theatre choreographer of your choice and write about him/her.</p> <p>Choose a musical theatre performance of your choice and explain the story.</p>
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Component 4	Component 5
<p>Physical skills and attributes:</p> <p>I am becoming spatially aware when performing by using diagonals, circles and lines.</p> <p>I am becoming aware of the audience by developing my sense of performance.</p>	<p>Physical skills and attributes:</p> <p>I will be able to execute the correct; stance, coordination, alignment, control and mobility.</p>
<p>Technical skills:</p> <p>Warm up – I can perform a warm-up exercise. I can execute close-work and warm-up exercise rhythms with ball beats, heel beats.</p> <p>Technical exercises - I can do shuffles, flaps and paradiddles to an even rhythm, 4-beat cramp roll.</p> <p>Compound steps – I can do tap step heel, pick-up step, pick-up hop step, tap step ball change, 4-beat riff.</p> <p>Time-steps – I can do single shuffle time-steps</p> <p>Rhythm – I can clap whole notes, half notes, quarter notes, accented eighth notes. I can match a clapped rhythm to body sounds eg clicks, stamps, body slaps.</p> <p>Music appreciation – I can recognize ragtime, blues and jazz.</p>	<p>Technical skills:</p> <p>I am able to execute the basic following steps:</p> <ul style="list-style-type: none"> - Warm up: arm movements including wrist movements - Basic footwork including heel digs, stamps, digs and picado - Turns with the use of a skirt and/or arms - Basic castanet rhythms - 8 and 12 beat rhythms
<p>Knowledge – Practical/Written Assignment:</p> <p>I can place tap dance in its historical context</p>	<p>Knowledge – Practical/Written Assignment:</p> <p>I will be able to differentiate between; Flamenco, Escuela Bolera and Regional dance.</p>

	I will be able to identify different Spanish regions and their attributed dances.
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Component 6
Physical skills and attributes: I am able to devise choreography using any concept, theme or story line as a group
Assessment: Create a group choreography using two or more art forms as a collaborative piece