

## Years 7-11 – Dance Theory Module

1<sup>st</sup> Term – Dance History2<sup>nd</sup> Term – Choreography techniques with Dance Devising, Analysis and Critique3<sup>rd</sup> Term – Health, Safety and Development in Dance**DANCE HISTORY**

## 1. ASSESSMENTS

Students will complete all 5 assessment components.

Component 1: Year 7

Component 2: Year 8 and Year 9

Component 3: Year 10 and Year 11

Component 1	Component 2	Component 3
An introduction to Traditional Maltese folk dancing	The Origins and the Evolution of Dance during the 20 <sup>th</sup> Century and how ballet came to Malta	The Modern World of Dance
100% written	100% written	100% written

## 2. Subject content and Learning Outcomes

Component 1	Component 2	Component 3
<p>I have a good understanding of Maltese folk dancing and related traditional festivities in which it was used.</p> <p>I am able to describe the traditional costumes worn for Maltese folk dancing.</p> <p>Assessment 1: Give a short description of typical traditional Maltese folk dancing and costumes used.</p>	<p>I am capable of recognising famous dancers of the 20<sup>th</sup> century and describing something about them.</p> <p>I have a good understanding of the origins of dance and how dance, particularly ballet, evolved throughout the centuries, between the 15<sup>th</sup> and the 20<sup>th</sup> centuries, and give a brief chronological description.</p> <p>I am able to describe how ballet spread worldwide during the 20<sup>th</sup> century, and how it came to Malta.</p> <p>Assessment 2: Write a brief description about one famous dancer of your favourite genre from the 20<sup>th</sup> century. Say what strikes you most about this dancer.</p>	<p>I have a good understanding of how modern dance emerged and became famous during the mid 20<sup>th</sup> century.</p> <p>I am able to identify dancers and choreographers who were crucial to the world of dance between the mid-20<sup>th</sup> century and the 21<sup>st</sup> century, and thanks to whom modern dance has evolved to the art form it is today.</p> <p>Assessment 4: Choose someone who was influential and fundamental in the evolution of contemporary dance as we know it today.</p> <p>Assessment 5: Describe how contemporary dance evolved from the traditional classical ballet into the art form it is today.</p>

	<p>Assessment 3: Describe how dancers who became famous with Diaghilev's Ballet Russes have helped to spread the art of ballet across the globe, including our island.</p>	
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## CHOREOGRAPHY TECHNIQUES WITH DANCE DEVIISING, ANALYSIS AND CRITIQUE

### 1. ASSESSMENTS

Students will complete all 3 assessment components.

Component 1: Year 7

Component 2: Year 8

Component 3: Year 9

Component 4: Year 10

Component 5: Year 11

Component 1	Component 2	Component 3
Devising Choreography 1	Imitative Choreography	Devising Choreography 2/ Collaborative Choreography 1 (music)

Component 4	Component 5
Collaborative Choreography 2 (technology)	Rhythmical Choreography

### 2. Subject content and Learning Outcomes

Component 1	Component 2	Component 3
<p>Physical skills and attributes: I am able to use my body as interpretative measure</p> <p>I am able to use my body in a way to spell out letters, and do specific movement</p>	<p>Physical skills and attributes: I am able to imitate to create choreography – using gestures and movements through analysing dance</p>	<p>Physical skills and attributes: I am able to devise choreography using any concept, theme, or story line, while collaborating with a live musician</p>
<p>Assessment: Create a solo signature choreography using the whole</p>	<p>Assessment: Create a duo choreography with a partner, based on</p>	<p>Assessment: Collaboration with Music Students – Create a solo</p>

body or various body parts to spell out the letters of your name.	imitative choreography	choreography collaborating with a music student using live music.
Assessment: I can identify the style of a given dance company and describe different choreographies from said company.	Assessment: I can investigate an abstract ballet describe the motifs used to create choreography	Assessment: I can watch a section of a Merce Cunningham piece and analyse the structure and style of the piece.
Assessment: I can identify the style, genre and most prominent works produced by given choreographers.	Assessment: I can choose an abstract piece and describe it focusing on the elements of the dance, space, time, energy, flow, setting, and music.	Assessment: I can watch a dance piece or section thereof and analyse the integration among the elements and identify subjectively whether this is successful or not.

Component 4	Component 5
Physical skills and attributes: I am able to collaborate with other practitioners to create new dances	Physical skills and attributes: I am able to create rhythm through choreography using my body, be it with my body or by using actual materials
Assessment: Create a dance for camera, in collaboration with the media students. A piece of work must be produced, be it a dance film, a series of photographs or any other way of creating dance for technology	Assessment: Create a group choreography that also includes man-made rhythm
Assessment: I can interpret a given balletic work or choreography and list the derived meaning, ideas, emotions, and associations. I can describe my own interpretation and defend this with evidence.	Assessment: I can critically watch a given balletic work or piece including description, analysis, interpretation and evaluation.
Assessment: I can interpret a given contemporary work or choreography and list the derived meaning, ideas, emotions, and associations. I can describe my own interpretation and defend this with evidence.	. Assessment: I can critically watch a given contemporary work or piece including description, analysis, interpretation and evaluation.

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## HEALTH, SAFETY AND DEVELOPMENT IN DANCE

### 1. ASSESSMENTS

Students will complete all 9 written assessment topics.

All topics are to be split between years 7 and 10

### 2. Subject content and Learning Outcomes

Component	Topic	Learning outcome	Assignment
Topic 1	A healthy lifestyle  What is health and safety? Why is it important?	I am able to understand what a healthy lifestyle is and why it is important.  I am able to understand the components of a healthy lifestyle.	Written task : Components of a healthy lifestyle.
Topic 2	Nutrition and Hydration	I am able to understand the functions of the digestive system and its components.  I am able to understand the importance of a balanced diet.  I am able to understand the importance of fluids in the body.  I am able to understand the need for water and the elements of replacing fluids, salt ect.	7 day food consumption log. 7 day fluid intake log.
Topic 3	Joints and Muscles	I am able to understand the function and structure of joints, muscles, ligaments, synovium and other relative components to dancers.  I am able to understand the skeletal, cardiac and fibre muscles. I am able to understand the importance of a cool down and warm	Create a warm up and a cool down for a specific dance genre.

		up.	
Topic 4	First Aid	<p>I am able to identify what should be placed in a first aid box.</p> <p>I am able to understand the basic first aid action required when dealing with minor injuries.</p>	Written task: Treatment of bruises, sprains and strains.
Topic 5	Growth and Motor skills	<p>I am able to describe the patterns in growth and motor development in children up to age 11.</p> <p>I can analyse the conditions that help or hinder the acquisition of motor skills.</p> <p>I can observe common achievements in skills of dance related to motor skills.</p>	<p>Written tasks: Write a few sentences on motor development.</p> <p>List skills which are specific to dance.</p>
Topic 6	Physical Changes	I can understand the growth and change in the physical body.	Discuss the changes in aerobic and anaerobic power and how they affect the training of a dancer.
Topic 7	The brain and nervous system	<p>I can understand the structure and function of the brain and nervous system.</p> <p>I can understand the relation between motor skills and understanding memory.</p>	Written task: Identify different parts of the brain and what they control.
Topic 8	Benefits of Dance	<p>I can understand the contributions of dance to development and learning.</p> <p>I can understand the development of memory, intelligence and creativity.</p> <p>I can understand the</p>	Written Task: List the main benefits of dance and say why they are important.

		main benefits of dance.	
Topic 9	Development of thinking and communication	<p>I can understand the physical and cognitive development from ages 6 to12.</p> <p>I can understand the teacher's communication language in a dance lesson.</p> <p>I can understand the different learning styles.</p>	<p>Written task: Next time you are in class write down a list of non verbal/ verbal communication your teacher used.</p> <p>List the 8 intelligences from Howard Gardner and explain them.</p>